

Mark de Jonge, a kayaker from Halifax and an Olympic bronze medallist, carries the Pan Am Games torch into Grand Parade on Sunday afternoon. The torch was in Halifax to help promote the Pan American Games taking place in Toronto from July 10 to 26. Story in metro NEWS. HALEY RYAN/METRO

A not-so-sweet birthday party

COLE HARBOUR

Deck collapses during bash for 16-year-old



A Sweet 16 took a turn for the worse Saturday evening when a deck collapsed in Cole Harbour — luckily without causing serious injury.

Around 9:30 p.m., Halifax District RCMP were called to a home on Shrewsbury Drive where a deck had collapsed during a birthday party for a 16-year-old.

"As a result of the large number of people on the deck, it collapsed and fell about eight feet," Cpl. Devri Warnell said Sunday.

Warnell said she didn't know exactly how many people were on the deck at the time it collapsed, but there were "quite

Fortunately, Warnell said,

there was only one minor injury and an ambulance was not needed.

RCMP say no further investigation is needed.

The outcome could have been much worse, as seen in a deck collapse last September when six people were sent to hospital with injuries.

There was a party going



RCMP Cpl. Devri Warnell

on at the Brussels Street address, police said at the time, when the third-storey deck

with seven people on it collapsed around 2 a.m., falling onto another deck below that had five people on it.

Four women and two men, all in their early 20s, were taken to hospital, some with serious injuries. Most of the injured people were on the bottom deck when the upper one collapsed.



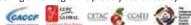
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Doors Open Halifax offers window into the city's past

COMMUNITY

Event becoming a must-see for residents and visitors

Hillary Windsor For Metro | Halifax

For an event that's still in its infancy, Doors Open Halifax has grown to become a muchanticipated annual tradition in the city.

This past weekend marked the third installation of the two-day event, and, as its name suggests, gave the public a chance to peer inside the doors of some of Halifax's most historically and culturally significant buildings.

Nine Bomgers — a tourist from the Netherlands — got a first-hand look at one of the event's most popular venues: the Old Town Clock.

"It's cool, it's nice to see. It's really clear how people lived (in the Old Town Clock), and you can see what it has been before," she said.

Whether you were born and raised here or came from away, a ticket to the insides of the Old Town Clock is something many people have never been granted.



People walk into the Halifax Citadel as part of Doors Open Halifax. HILLARY WINDSOR/FOR METRO

Emily Sine, of Parks Canada, says the clock's doors are rarely opened to the public.

"We did Doors Open this year and last year, and that's the first time it's been opened in a number of years," Sine explained.



It's just a great thrill for me to get to know my city better, in sort of an intimate way.

Trish Aubet, Doors Open volunteer

But the Citadel Hill landmark was only one of this year's 28 venues.

Mathew Rodriguez found himself at the Maritime Museum of the Atlantic's CSS



Some of Sunday's longest lines could be found at Keith's Brewery. HILLARY WINDSOR/FOR METRO



If you missed out on it this year, don't worry. You can already make a suggestion for a 2016 venue at doorsopenhalifax.com.

Acadia — the only surviving ship to have served the Royal Canadian Navy in both the first and second world wars.

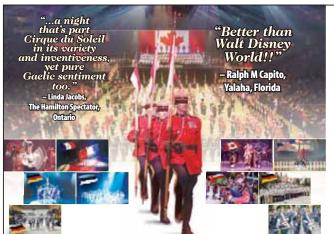
"It's my second time doing Doors Open, but my first time on Acadia," he said. "It's interesting. I was looking at it in respect to architecture,

because I'm an architecture student. It's (also) interesting seeing how small the sleeping quarters are."

Up a few blocks from the waterfront, dozens of people crowded the lobby of the Neptune Theatre to get a backstage pass, so to speak.

Neptune has had a couple different faces over the years," said Doors Open volunteer, Trish Aubet.

'The version as we know it opened in 1963. I guess I volunteer because I'm a very proud Haligonian, and I'm thrilled we get to see the insides of buildings we don't normally get to see."



CANADA: Canadian Armed Forces Musicians, Pipes and Drums, RCN Guard, RCMP National Ceremonial Troop, Nova Scotia Irish Dancers, Highland Dancers, Halifax Cheer Elite, Adult Choir, Children's Chorus, Featured Soloists **ESTONIA:** Club Piruett

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NEWS | Halifax Monday, June 8, 2015

Sackville MLA wants to lead NDP and 'rebuild' voter trust

POLITICS

Dave Wilson throws his hat into the ring



Haley Ryan Metro | Halifax

Nearly two years after the province's New Democratic Party government fell from power, MLA Dave Wilson says he'd like to lead the party in a "new

beginning." At a Lower Sackville fire hall on Sunday, Wilson announced his bid for the leadership of Nova Scotia's NDP. The party has been steered by acting leader Maureen MacDonald since Darrell Dexter left in November 2013, a month after the NDP's resounding defeat at the hands of the Liberals.

"This isn't going to happen overnight, I understand that and I recognize that voters sent a strong message in the last campaign," Wilson told

Metro. "We need to rebuild that trust and we need to show, as a party, that we have good ideas.'

Wilson, a former paramedic and volunteer firefighter, was first elected in 2003 as MLA for Sackville-Cobequid and was minister of health and wellness under Dexter.

Over the past 20 months, Wilson said, he's been talking to party members and feels he has the qualities to lead the NDP in the next election and help add to their current five seats in the legislature.



There's a lot of building that needs to take place. NDP MLA Dave Wilson

Although Wilson said the party was "hard hit" two years ago, he learned it needed to ensure it recognizes and acts on the values of its membership, while providing a voice for more vulnerable residents.

The recent cuts to community and mental health organizations, through the latest budget, show a lack of "compassion" in the Liberal government, Wilson said, adding the NDP would bring back that financial support.

He said the progressive values of the NDP existed under Dexter's government, but the party didn't do a good job of explaining to the people where

their plans were headed.

"This is about a new beginning," Wilson said.

The NDP convention will be held this February. Current MLA Lenore Zann and former Colchester-Musquodoboit Valley MLA Gary Burrill both have expressed interest in the leadership.

Wilson said he has a good relationship with both Burrill and Zann, and the biggest thing will be to have a unified party "that has new ideas (and) that can move forward.

Man, 19, charged in stabbing

Police have charged a young man with two counts of attempted murder after two people were stabbed in Westphal in the early morning hours of Saturday.

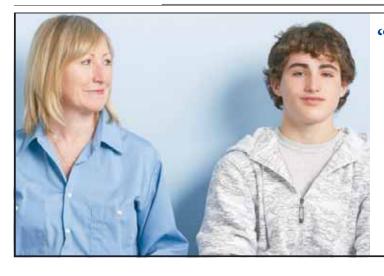
Just before 1 a.m, police were informed two victims showed up at the Dartmouth General Hospital. The RCMP and Halifax Regional Police took on the investigation and, according to a release, learned that two male youths were stabbed suffered non-life-threatening injuries.

Greg Dylan Bacon, 19, of Westphal, was taken into custody and has been charged with two counts of attempted murder, as well as one count of possession of a weapon dangerous to the public, assault with a weapon, possession of a prohibited/restricted weapon and aggravated

He is scheduled to appear at provincial court Monday. METRO



SWITCH DARTMOUTH GIVING IT A WHIRL A handful of hula-hoop hopefuls take a spin on Portland Street during Switch Dartmouth on Sunday afternoon, where hundreds took advantage of traffic-free streets and were treated to live music, food vendors, pop-up shops, games and more. HILLARY WINDSOR/FOR METRO



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Halifax | metr@NEWS 4 Monday, June 8, 2015

100in1Day draws big crowd

Event pushes community involvement, awareness

People of all ages were down Saturday afternoon despite the rain to take in the 100in1Day festival — part of a global effort to get hundreds of people

to take one action each to improve their city.

Teams of researchers and volunteers were stationed across the city with interactive exhibits, called interventions, encouraging people to get more involved in their community and think about their impact on the ocean.

The Discovery Centre welcomed children to its squid dissection station, where children could find out about the inner workings of the sea creature. Kids put on gloves and touched the squids and helped identify different parts of the animal.

'We learned that squids have two hearts instead of just one," said Bronwyn Bye, who was there with her two sisters and her father.

"I learned that you can tell the difference between a boy squid and a girl squid by looking at the clearness of the egg-sack thing," said Caelan Bye.

Down on the waterfront, a team was stringing pop cans and chopped-up plastic bottles together to create what will soon make up a garbage replica of the iconic The Wave sculpture. It is designed to have people add to the wave, just like they add garbage to the ocean every day without realizing it.

Other events included a popup urban garden, a tour of the #PlayMeHfx pianos and a yard sale. HEIDE PEARSON/FOR METRO



Bronwyn, Caelan and Brenna Bye at the squid dissection station of the 100in1Day festival on Saturday. Heide PEARSON/FOR METRO

RCMP officers save unborn fawn

Two Halifax police officers were being touted as heroes by their own for their splitsecond decision making.

At about 2:30 a.m. on Saturday, two Halifax RCMP officers were patrolling on Wyse Road in Meaghers Grant when a deer unexpectedly ran onto the roadway and directly into the path of their police vehicle, a release stated.

After accidentally hitting the deer, the officers turned the vehicle around to check on its condition, but found that the deer had died.

Upon closer inspection, the

officers saw the deer was pregnant and about to give birth.

The officers gathered a blanket and extracted the unborn fawn from the deceased deer. Within seconds, the fawn opened its eyes and began to breathe, the release stated.

The officers rushed the fawn to Hope for Wildlife where it was given a medical examination.

The fawn did not sustain any serious injuries and the animal was expected to be released into the wild when it's strong enough.



Two Halifax police officers and the fawn they saved. RCMP

IN BRIEF

Three boys hit street lamp with stolen car: Police

Three boys are facing theft charges after Halifax police say they hit a street lamp with a stolen car.

Around 11:30 a.m. Sunday, Halifax Regional Police said they responded to a driving complaint from the public. There was ultimately a single-vehicle accident involving a lamp post in the 1400 block of the Bedford Highway.

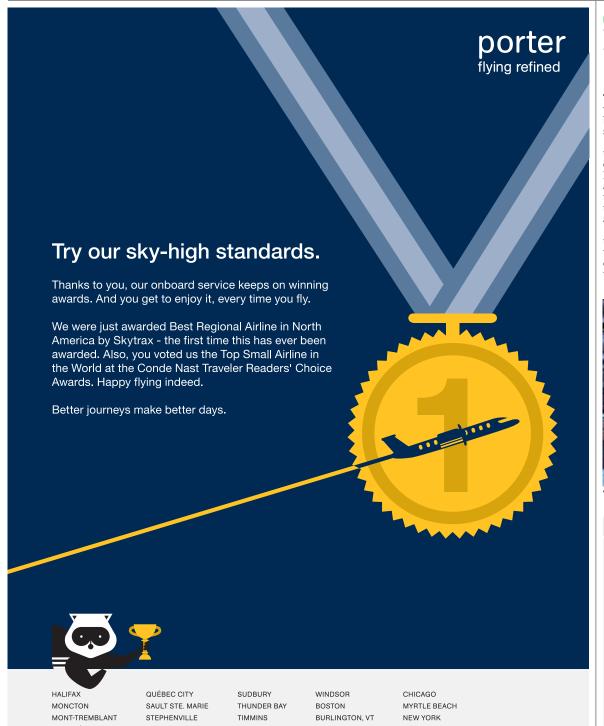
According to a release, officers found three boys inside the car that had been reported stolen overnight by RCMP in Lower

One of the youths was also allegedly found with a small amount of marijuana.

Police say the three boys will be held in custody until they appear in Halifax youth court on Monday.

They are each charged with theft and possession of a stolen vehicle, the release said, while one boy also faces a breach of probation and possession of marijuana charge.

No one was injured in the incident.



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IN BRIEF

Mascot assaulted on Spring Garden Road

Halifax police have charged a man with assault after he allegedly punched someone dressed up in a bright yellow chicken suit.

Police say the victim, who was dressed in a chicken costume for work to promote a local bar, signalled to patrol officers who were walking along the 5600 block of Spring Garden Road on Thursday around 7 p.m. The victim reported he had been standing on the sidewalk when a suspect punched him in the head, then ran off. Shortly after, police located the 46-yearold suspect in a nearby store, where he was arrested without incident.

The accused will appear in Halifax provincial court to face a charge of assault.

Public input wanted on service animal legislation

The Nova Scotia government is asking for public input as it drafts new legislation governing service animals. The Justice Ministry is holding three open houses this month to seek feedback on the definition of service animals, identification standards and penalties for breaking laws that protect people who use them. A discussion paper and online survey are now available as well.

Justice Minister Lena Metlege Diab said the province needs to clarify what qualifies as a service animal so the rights of those who rely on them are protected. THE CANADIAN PRESS

Olympic kayaker carries Pan Am torch in Halifax

GAMES

Mark de Jonge to compete in one- and twoman races



Haley Ryan Metro | Halifax

Nearly 200 people formed a cheering tunnel as a grinning man in white ran past them, holding a flaming torch in the air.

Families and residents of all ages came out to Grand Parade Sunday afternoon to see the Pan Am Torch carried in by Halifax Olympian kayaker Mark de Jonge, and celebrate with live music and kids' games.

"It was actually really exciting," de Jonge told reporters after lighting the cauldron on stage.

stage. "I never really realized how good that would feel until I actually did it."

Earlier in the day, the torch started at Peggy's Cove and the Halifax Citadel before de Jonge's leg of the relay brought him into Grand Parade.

Delaney Hatfield, 10, just missed seeing de Jonge light the cauldron but was excited about spotting another torchbearer on Spring Garden Road and learning about next month's Pan Am Games.



Mark de Jonge smiling at the crowd in Grand Parade on Sunday afternoon after lighting the cauldron with the Pan Am torch.



I never really realized how good that would feel until I actually did it.

Mark de Jonge

"We want to go see the gymnastics," Hatfield said with a

grin up at her mom, Hanya Chmara.

"We're thinking about booking a trip now to go," Chmara said.

The Pan Am Games take place in Toronto from July 10 to 26, and will see dozens of sporting events including kayaking, where de Jonge hopes to pick up more medals to add to his World Championship title

in 2014 and bronze Olympic medal in 2012.

While de Jonge said the competition will be at a slightly lower level than the Olympics just because there are fewer countries involved, he said he still needs to be in top shape to keep the world record and competing at home "raises it up that much more."

"It's its own special compe-

tition," de Jonge said.

"I'm really excited this year to go, especially in front of a home crowd and have that energy sort of carrying me through to the finish line."

He will be competing in both the one- and two-man 200-metre kayak race, and using the games as major preparation for the Rio Olympics next year.

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Police increase bar presence

PUBLIC SAFETY

More officers on patrol all summer over long weekends



Stephanie **Taylor** Metro | Halifax

Downtown partygoers can expect to see a more robust police presence over long weekends this summer.

Halifax Regional Police recently announced they will be dispatch ing patrol offi-**Just walking up** cers to walk the bar district from Thursday to Sun-street and being in involved in a vioday of long weekthe area deters a ends, from midnight until 5 a.m.

The initia- Chris Tzaneteas, owner of tive begins this month and lasts until October.

Although officers regularly patrol the downtown beat overnight, a police spokesman says this summer's efforts will see officers suit up in bright yellow traffic vests and do walkthroughs of bars.

"They're really there to curb violence," Const. Pierre Bourdages said of the patrol officers.

They're looking for anyone who may have had a little too much to drink, that may be causing problems either inside or outside drinking establish-

According to police, the majority of the assaults that occur on the Halifax peninsula reportedly take place in the downtown-area overnight, where alcohol often plays

and down the

lot of things.

the Argyle Bar & Grill

a factor.

This summer, police warn they will add anyone's name, who was lent incident, to what's called the PASS program a list of people who are turfed from bars in the

neighbourhood due to rowdy or otherwise obnoxious behaviour. Police say they will also be



Halifax Regional Police officers in the downtown core last year. JEFF HARPER/METRO

collaborating with officers in liquor enforcement and with members of the alcohol and gaming division to ensure bars have their patrons under con-

As well, stricter rules will be handed down to people who commit violent offences, as well as public disturbance charges will be pursued for fighting, even if a victim refuses.

Instances of impaired or reckless driving will also be monitored, police say.

"They're really there to be

visible, to be a point of contact for citizens. And to be approachable," Bourdages said

For Chris Tzaneteas, owner of the The Argyle Bar & Grill, extra police presence is always

"The police are doing great

work," he said Friday.

He attributes the district's improvements in safety to both police work and the success of the Pass program, which began in 2011 and is updated weekly.

'Things have improved tremendously."

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Snoop Dogg offers some 'thick' comments during CBC interview

A CBC camera operator says she felt "belittled" after rapper Snoop Dogg referred to her as "thick" during an interview last week.

The CBC says Stephanie Clattenburg was shooting an interview with the rapper in Truro, N.S. on the set of the television series Trailer Park Boys.

The broadcaster says during the interview with reporter Elizabeth McMillan Snoop Dogg made apparent references to Clattenburg's figure.

'I like your camera girl, too. She's thick. Damn," the rapper can be heard saying on a taped interview that CBC later broad-

In an interview broadcast on the CBC on Sunday, Clattenburg said she found the comments embarrassing.

"He wanted to embarrass me

and he did. I turned beet red,' she said. "A lot of people talk about this being a compliment.

"Is a compliment something that is going to make a women feel extremely embarrassed and belittled and laughed at?'

His comments drew considerable reaction on social media, mostly negative. The rapper was not immediately available for comment. THE CANADIAN PRESS



POLICE NEWS AUTHORITIES SEEK ROBBERY SUSPECT

Man allegedly forces woman to withdraw funds from ATM

Halifax police are asking for the public's help in tracking down a man they say robbed a woman by forcing her to withdraw money from an ATM machine.

According to a Halifax Regional Police release, police said the accused allegedly approached a woman, 22, who was waiting for a ride on Mar. 12 at 6 p.m.

Police said he asked the woman to help him deposit a cheque and when she refused, he forced her to walk inside the Bedford Place Mall, then located an ATM and demanded she give him her



The robbery suspect. HANDOUT

account PIN.

He then deposited an empty envelope into the machine and withdrew money from the woman's account.

Police describe the suspect as a white man in his 30s, with blond hair and a beard. At the time of the robbery he wore dark clothing and work boots. METRO

Watchdog charges Mountie with sexual assault

An RCMP officer faces a charge of sexual assault after an investigation by the province's police watchdog.

Sgt. Kenneth James Taker, 47, of Dartmouth, was charged with sexual assault after it was alleged he inappropriately touched a female civilian RCMP employee March 25, during a three-day RCMP meeting at White Point Beach Lodge in Queen's County. The team looked into a second incident involving the accused; only the first allegation led to charges. The suspect will appear in provincial court July 7. METRO

metr®NEWS | Halifax Monday, June 8, 2015

Nova Scotia blues artist Dutch Robinson performs at Saturday's celebration. SHELBURNE COAST GUARD

Birchtown opens place of learning

HERITAGE

History of Black Loyalists showcased in new museum

The rain caused some problems on Saturday but didn't stifle the celebration in Birchtown, as hundreds of people arrived in the small community for the grand opening of the Black Loyalist Heritage Centre.

Truro Deputy Mayor Raymond Tynes, who walked in a procession past the Black Loyalist Burial Ground with Shelburne Mayor Karen Mattatall, captured the mood of many.

"Our bodies may be dampened, but our spirits are not," he said.

The opening was an event that Elizabeth Cromwell, president of the Black Loyalist Cultural Society, had been preparing for decades, but when the day came she was too ill to attend.

Her comments, largely focused on the future, rang out clearly at the ceremony as read by Black Loyalist genealogist Debra Hill.

"With pride and purpose we must now focus our collective energies on making this beautiful tribute to the founders of Birchtown a place of learning and sharing," she wrote. "A place that will open the eyes and the hearts of those who hear the stories of the men, women and children who survived great hardship to build a community we can be proud ... indeed all of Nova Scotia can be proud of."

Many of the visitors who had not seen the museum marvelled at its interactive features, and its incorporation of every name from the historical Book of Negroes in its design.

The museum will be a place of learning and of telling the story of the Black Loyalists, a unique part of Nova Scotia's history.

After decades of work, the first vision for a Black Heritage Cultural Centre was put on paper in 1996 and even then, local society thought big.

They began working with the Nova Scotia Museum family and an exhibit soon began circulating the province to eventually come to rest in Birchtown at their oneroom museum.

In 2005, an arsonist set fire to one of the Black Loyalist buildings that housed many of the historical records gathered over the years.

The group's resolve was strengthened and they pushed forward with the process of creating a place that would tell their story in spite of the loss.

It took years of battling before their proposal was considered.

Many suggested that Saturday's celebration was a well-deserved pause before pressing forward once again.

SHELBURNE COAST GUARD

CRIME

Man pleads guilty to running over officer

A 20-year-old man accused of driving his truck over an RCMP officer while trying to flee the scene of a gas-and-dash attempt, has pleaded guilty to a number of charges.

What was supposed to be a bail hearing for Cody Andrew Prudhomme in Windsor on Friday quickly turned into a sentencing matter.

Prudhomme, who is already serving time due to a January police chase that ended in northern Ontario earlier this year, is a former Hants County resident.

The Crown and defence counsel presented Judge Alan Tufts with a joint recommendation that suggested Prudhomme be sentenced to a year of jail time.

Prosecutor Bill Fergusson further requested that probation follow the sentence, but Nova Scotia Legal Aid lawyer Chrystal MacAulay was opposed to the recommendation.

Tufts sentenced Prudhomme to one year in jail, less 21 days already served in custody. This sentence is to be served concurrently with his Ontario-based conviction.

Tufts also ordered Prudhomme to serve a year of probation to follow the sentence, a five-year prohibition on firearms, and a three-year prohibition on driving.

Victim surcharge fines were also imposed.



The court heard that as an officer tried to arrest Cody Prudhomme, Prudhomme backed his truck up and ran over the officer's legs.



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IN BRIEF

Mulcair promises cities more money from gas tax

NDP Leader Tom Mulcair is promising Canada's cities an extra penny from the gas tax.

Mulcair told the Federation of Canadian Municipalities convention in Edmonton Saturday that an NDP government would provide an extra \$1.5 billion each year for roads, bridges and other infrastructure through the existing gas tax by the end of its first term. He also promised an NDP transit plan would see \$1.3 billion invested each year over 20 years, and said there will be incentives for the construction of affordable homes.

"The fact is, the gas tax transfer is one of the best tools available to help cities with their long-term needs," Mulcair told the FCM conference on Saturday.

Liberal Leader Justin Trudeau said his plan focused on affordable housing, transit and infrastructure, better technology, and helping cities adapt to extreme weather catastrophes caused by global warming.

Toronto mayor calls for end to carding

Toronto's mayor says he wants to end the practice of routinely and randomly stopping citizens in the streets to obtain personal information.

John Tory said Sunday that he intends to go before the police board on June 18 to call for carding to be eliminated. Critics of the practice have said it tends to disproportionately affect young black men and has led to distrust of police. The practice was suspended in January by then police chief Bill Blair, but his successor, Mark Saunders, has defended carding as a valuable tool. THE CANADIAN PRESS



Prime Minister Stephen Harper, centre, jokes as he talks with President Barack Obama and other leaders on Sunday during dinner at the G7 meeting at Schloss Elmau near Garmisch, Germany. ADRIAN WYLD/THE CANADIAN PRESS

Harper pushes for trade pact with EU

ECONOMY

PM talked up agreement at G7 summit

Prime Minister Stephen Harper used Sunday's opening of the G7 summit to push European leaders to ratify the comprehensive Canada-EU free trade agreement.

Harper's office said he talked up the trade pact at the G7's first working session of the day on the fragile global economy.

"Prime Minister Harper encouraged European members of the G7 to swiftly implement

the job-creating Canada-EU trade agreement," his office said in a statement.

Harper met European Council President Donald Tusk, and the European Commission President Jean-Claude Juncker, where he was expected to push the deal.

Canada and the EU have an agreement in principle on a sweeping pact in goods and services, but the legal text still must be finished so it can be ratified by Canada and the EU's 28-member countries.

Ratifying the pact, known as CETA, would be a major political win for Harper with the planned Oct. 19 federal

SANCTIONS

Germany's Angela Merkel and President Barack Obama presented a united front in affirming the need to maintain sanctions on Russia.

election looming. Harper used a meeting with German Chancellor Angela Merkel to push for CETA's ratification.

Harper also met with British Prime Minister David Cameron, and they discussed the need to grow the fragile global economy as well as addressing two of the world's leading security issues: the crisis between Russia and Ukraine and the fight against the Islamic militants in Iraq and Syria, said his office.

They emphasized the need for Russian President Vladimir Putin to honour the Minsk peace agreement that was seriously undermined by a renewed outbreak of violence in eastern Ukraine this week.

Harper arrived in Germany's scenic and mountainous Bavarian region for the G7 after stopping in Kyiv and assuring Ukrainian leaders that he would push for solutions to their ongoing conflict with Russia. THE CANADIAN PRESS

MALAYSI

Naked Canucks blamed for quake

The Department of Foreign Affairs says it is assisting two Canadians barred from leaving Malaysia, amid reports that the pair could be charged after allegedly posing naked atop the country's highest peak.

Spokesman Nicolas Doire says the department is aware they have been prevented from leaving the country, adding that Canadian consular officials in Malaysia are in contact with local authorities.

Foreign Affairs would not confirm the identity of the Canadians, citing privacy concerns, but Malaysia's foreign affairs ministry identified them as Lindsey Petersen and his sister Danielle Petersen.

A magnitude 5.9 earthquake on Friday sent rocks and boulders raining down the trekking routes on 4,095-metre-high Mount Kinabalu in eastern Sabah state on Borneo island.

Search efforts for six missing climbers continued on Sunday, after rescuers recovered 13 dead from a strong earthquake that had trapped scores of trekkers.

Sabah Deputy Chief Minister Joseph Pairin Kitingan blamed the tragedy on a group of 10 foreigners who "showed disrespect to the sacred mountain" by posing naked at the peak last week. He said a special ritual would be conducted later to "appease the mountain spirit."

Officials have said a group of foreigners — including two Canadians — broke away from their entourage and stripped naked before taking photos at the mountain peak on May 30.

Floyd Petersen said he was unaware of the allegations against his son and daughter, but said they were travelling through Southeast Asia and had not mentioned the matter to him.

THE CANADIAN PRESS



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ISRAEL

Netanyahu slams 'silence' on attacks

Israeli Prime Minister Benjamin Netanyahu on Sunday criticized what he described as the world's "silence" over recent rocket attacks from the Gaza Strip, drawing a quick response from his country's closest ally, the U.S.

Netanyahu, speaking at his weekly Cabinet meeting, said he hadn't heard anyone condemn three rocket attacks from Gaza over the past two weeks. The rockets caused no damage, nor any injuries.

"It will be interesting to see if this silence continues when we use all our strength in exercising our right to defend ourselves," Netanyahu said.

In Germany, White House spokesman Josh Earnest said U.S. officials had spent "a lot of time talking about this" during Israel's recent war with Hamas in the Gaza Strip.

'This is not the first time



It should be clear: The hypocrisy that is sweeping the world will not chain our hands from defending the citizens of Israel.

Prime Minister Benjamin Netanyahu

that I've stood at a podium like this and strongly condemned rocket attacks by extremists in Gaza against innocent Israeli citizens," Earnest said. "Clearly, the United States stands with the nation of Israel as they defend their nation and their people from these attacks." THE ASSOCIATED PRESS

ITALY

No more shelter for migrants: leaders

Heartened by recent election successes by an anti-immigrant party, Italian politicians based in the north vowed Sunday not to shelter any more migrants saved at sea, even as thousands more were being rescued in the Mediterranean from smugglers' boats in distress.

Over the weekend, nearly 6,000 migrants were rescued by an array of European military vessels, including 2,371 who were saved on Sunday from 15 boats that ran into difficulty shortly after smugglers set off with them from Libyan shores, the Italian coast guard said.

Two German military ships brought a total of some 1,400 people to Sicilian ports Sunday, a day after they were rescued.

While politicians in the north were saying no to more migrants, corruptions investigations have showed that other Italian politicians and local officials see the shelters as a way to make money.

Last week, 44 people, including local politicians from the centre-left to the centre-right in the Rome area, were arrested for investigation of alleged corruption or tampering with public contract bidding. The Rome-based probe, which netted dozens of arrests a few months ago in an earlier chapter, examined public contracts for social services, including for asylum-seekers at a migrant centre in Sicily.

IN BRIEF

Saudi Supreme Court upholds verdict against liberal blogger Raif Badawi

Saudi Arabia's Supreme Court upheld an internationally condemned verdict against a liberal blogger who was publicly flogged after being found guilty of insulting Islam, state-linked news websites reported Sunday. The Supreme Court's decision to uphold the sentence of Raif Badawi, a 31-yearold father of three who was lashed in January in a public square, is final and cannot be overturned without a royal pardon. THE ASSOCIATED PRESS

Saudi-led coalition strikes Yemen's army headquarters

Saudi-led airstrikes before dawn Sunday targeted the headquarters of Yemen's armed forces in the rebelheld capital of Sanaa, killing at least 22 people, officials said. They said the dead were mostly soldiers and that the airstrikes damaged several nearby homes. Residents said at least three airstrikes hit the headquarters, a short distance from the city's centre. The officials spoke on condition of anonymity because they were not authorized to speak to journalists.



CHINA RESCUERS, FAMILIES HOLD MEMORIAL FOR VICTIMS OF CAPSIZED SHIP Family members hold up a photo of a passenger who was a victim in last Monday's cruise ship incident in Jianli county, in southern China's Hubei province. Nearby ships blared horns for three minutes Sunday and rescuers bowed in silence to honour the more than 430 victims of the Yangtze River capsizing, as specialists began working on DNA samples from relatives to identify the dead. CHINATOPIX/THE ASSOCIATED PRESS

Police comb border after prison break

NEW YORK STATE

Officials worried men may try to enter Canada

The brother of a slain sheriff's deputy had forgotten the names of those involved in the killing more than a decade ago. Then came a daring prison break: Two convicted murderers hid dummies in their beds and used power tools to cut their way to freedom.

The cunning escape from an upstate New York prison on Saturday had hundreds of local, state and federal law enforcement of-



Richard Matt. NEW YORK STATE POLICE/THE ASSOCIATED PRESS

ficers searching for one of the deputy's killers and another man imprisoned for dismembering his boss.

Richard Matt and David Sweat staged what Gov. Andrew Cuomo called "a really elaborate, sophis-



David Sweat. NEW YORK STATE POLICE/THE ASSOCIATED PRESS

ticated operation" that ended at a manhole cover blocks away from the prison.

The men had filled their beds inside the Clinton Correctional Facility with clothes to appear as though they were sleeping, cut

into steel steam pipes and shimmied out of the prison. On one pipe cut in the escape, investigators found a note with a crude Asian caricature along with the words, "Have a nice day."

Sweat, 34, is serving a sentence of life without parole after he was convicted of first-degree murder for killing a sheriff's deputy in Broome County, New York, on July 4, 2002. Matt, 48, is serving a sentence of 25 years to life for the kidnapping, dismemberment and killing of his former boss in 1997.

CTV News reported that officials believe the men may try to enter Canada through Ontario or Quebec. Alerts have been broadcast to police in the Greater Toronto Area. THE ASSOCIATED PRESS

ISIL RECRUITING

Former al-Qaida trainee now steering Europe's youth away from lure of jihad

He learned warfare in an al-Qaida training camp, did time at Guantanamo and more time in a French prison. With such a resumé, Mourad Benchellali may seem an unlikely youth counsellor — but he is telling his story to young Europeans, warning them against the lure of jihad.

The 33-year-old Frenchman is one of a small number of Europeans presenting their jihadi past as an example for others not to follow. Many see men like him as a powerful tool to deter youth

from heading to Syria — while Western governments are wary of them. Benchellali meets with young audiences at least once a week in France, Belgium and Switzerland to persuade them of the folly of flying off to join ISIL or other groups waging holy war in Syria and Iraq.

"There are kids who are tempted, who've been approached," Benchellali told The Associated Press. "They come to listen, they are curious and the fact that I'm a former Guantanamo (prisoner),

that speaks to them ... I give them tools to understand."

A practising Muslim, Benchellali above all strives to take the glamour out of jihad. As a 19-year-old, he viewed the voyage to al-Qaida's training camp in Kandahar, Afghanistan, as a romantic adventure. The reality, he tells youths, was a shock: grinding physical exercises in blazing heat, weapons training and propaganda videos in the evening, along with mind-numbing organization rigorously en-

forced — and a compulsory 60-day minimum stay. Then came the Sept. 11 attacks, followed by U.S. bombings in Afghanistan and mass flight from Kandahar. He escaped through the mountains to Pakistan, only to be arrested and turned over to American forces — and sent to the U.S. Navy base at Guantanamo Bay, Cuba. There, he languished for 2-1/2 years in a small cage. He filed a lawsuit against the United States for torture and sequestration.

THE ASSOCIATED PRESS

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Key backer touts seal penis sales

EAST COAST SEAL HUNT

Fur Institute sees Asian buyers as main target market

Sales of Canadian seal products could get a lift if the federal Fisheries Department adopts a plan that, among other things, calls for the revival of the controversial seal penis trade, a key supporter of the East Coast seal hunt says.

The report, drafted by the Fur Institute of Canada, is aimed at creating new markets to support an earlier proposal to kill 140,000 grey seals over five years in the southern Gulf of St. Lawrence — 70 per cent



The penises ...
may be dried and
sold as sexual
enhancement
products

Fur Institute of Canada

of the grey seals that frequent the area.

Fishermen have long complained that a growing population of grey seals is to blame for eating too many commercially valuable fish, which has resulted in repeated calls for a cull.

The Fur Institute says its fiveyear plan, dated March 2014, focuses on creating markets for a number of products that could be derived using every part of the seal carcass.

"The penises of juvenile and adult animals may be dried and sold as sexual enhancement products, particularly to Asian buyers," says the report, obtained through the Access to Information Act.

"Asian consumers, particularly athletes, also consume a beverage called Dalishen Oral Liquid that is made from seal penis and testicles, which they believe to be energizing and performance-enhancing."

Officials at the Fisheries Department declined an interview, but said in an emailed response that they were considering the report.

Dion Dakins, chairman of



A report by the Fur Institute of Canada calls for the revival of the controversial seal penis trade as part of a plan aimed at creating new markets, DAN KITWOOD/GETTY IMAGES

the committee that wrote the study, said the decision to develop a market for seal penises stems from the belief that no parts of the carcass should be wasted.

"What the proposal does is it provides a 100 per cent utilization of the animal, recognizing that seal organs — sexual or non-sexual — do have market value," he said. "The Fur Institute ignores any industry proponents (supporting) ... the harvest of seals just for the penises."

The Fur Institute's plan calls for a squad of five fishing boats carrying a total of 40 hunters to kill seals for nine months of the year.

The study says the hunters could be equipped with Beretta 9 mm semi-automatic \$650

The sale of Canadian seal penises hasn't attracted headlines since the late 1990s when the International Fund for Animal Welfare filed a lawsuit against the federal Fisheries minister, claiming the trade was the most cruel aspect of the seal hunt. At the time, the penises were being sold for up to \$650 each. The market shrivelled after Viagra appeared on the scene, though a much smaller market still exists.

rifles with silencers. The use of silencers, needed to prevent spooking the animals, would require legislative changes, as such equipment is banned in Canada.

The total cost of implementing the plan would be around \$9 million, assuming buyers could be found to pay up to \$4 million in the first year for about 70,000 carcasses.

THE CANADIAN PRESS

Congratulations to all nominees of the Maritime Philanthropy Awards



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Your essential daily news

Monday, June 8, 2015



MYMETRO

Stephanie Tawse, **Ottawa**

What are you up to?

I just had gelato, peoplewatched and went to the dog park. Now I'm heading

What is your commute?

To which job? I have like five jobs. I mostly bike. I work at a bike shop. (Biking) is good cardio, and I live in Old Hull and it takes 15 minutes to get downtown. It's actually a lot faster than busing.

What's the one thing everyone in Ottawa should do at least once?

Wednesday yoga on Parliament Hill! I go almost every week. It's awesome.

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper.
We'll re-post you and feature a reader pic from across
Canada in this spot every Monday.



The living wage is not a threat to business

Stephen Kimber

Last week, the Canadian Centre for Policy Alternatives, a progressive think-tank, published a meticulously detailed 62-page, 79-footnote report commissioned by Halifax's United Way. Its purpose: to determine how much it takes for someone in Halifax to be "Working for a Living, Not Living to Work." Which is when the small business hit

The living wage is calculated for a "healthy" family of four with both adults working full-time and forking out for "transportation, food, rental housing, clothing, child care, medical expenses and other," but not frivolities such as loan payments, life insurance or

up to \$20.10 per hour.

That's almost double the province's current minimum wage of \$10.60 an hour.

The United Way raised close to \$6 million last year and helped fund 56 do-good groups in this region, ranging from the Boys and Girls Clubs of Greater Halifax to the Urban Farm Museum Society - not to forget women's shelters, seniors' programs, homeless and youth programs. But it also sees itself as "an influential voice for change," beyond its financial role.

That's why it paid the CCPA \$23,000 to calculate Halifax's living wage to get a more accurate picture of the gap between what people actually make — close to half of Halifax employees earn less than the living wage - and what they need to live.

The United Way wasn't advocating for an increase in the legislated minimum wage. In fact, the living wage movement is voluntary, with businesses distinguishing themselves with discerning consumers — the way they do with fair trade products — by publicly committing to paying employees a living wage.

That didn't stop the spokespeople from the Canadian Federation of Independent Business from instantly getting their small-minded, mean-spirited knickers in a righteous knot.

"If you're a small business," CFIB regional vice president Jordi Morgan crankily misrepresented, "do you support the United Way playing an advocacy role for a \$20 minimum wage?"

"Given the United Way's growing role as a left-wing advocacy group," tweeted CFIB president Dan Kelly menacingly, "I suggest small firms rethink participation & sup-

(The United Way) paid ... to calculate Halifax's living wage to get a more accurate picture of the gap between what people make and what they need to live.

port charities directly." I suggest civic-minded,

thoughtful small business owners rethink their membership in knee-jerk rightwing organizations like the

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.

ROSEMARY WESTWOOD

metroview

"We ... builders of cities, expect to feel safe from wildlife."

You haven't known fear until you've been dive-bombed by

You haven't known terror until you've run down the street, arms covering your head, yelping with every brush of black wings.

We, humans, builders of cities, expect to feel safe from wildlife on the streets, because we own them.

But crows own the skies. Sophia Lindgren in Vancouver understands this, having been repeatedly attacked two springs in a row. It's nesting season again, and it's as if the crows have marked her.

"It goes back and forth and goes, 'Caw! Caw!'" she told Metro Vancouver last week, "and it kind of swoops right over my head, and sometimes it scratches me."

I know the feeling, Sophia. I spent one spring in Victoria cowed by the crows along my route to work. I used an umbrella as a shield, unsure if the bun on my head was the problem, or if I had somehow offended them.

Crows, after all, don't dive for nothing. They're highly intelligent. They can use tools and speak to each other — one in Manitoba can even speak a few words in English. They can reason at the level of a seven-year-old. They are said to remember people's faces, for good or ill,

Maybe Sophia or I scowled

the impact. More likely, we were seen as a threat to the fledgling crows.

Ravens, the majestic cousins of the crow, don't bring the same terror. Solitary and aloof, they don't interfere with our sense of urban dominance.

We don't see them chatting and circling overhead with their brethren. They don't flock in the tens of thousands like the crows over Burnaby do. They don't cover whole neighbourhoods, as they did in Halifax

There are tens of millions of crows across the U.S. and Canada, and researchers say their populations are rising in cities, where food is plentiful.

Crows easily adapt to urban environments and "will eat anything they can get their beaks on," said Derek Matthews, founder of the Vancouver Avian Research Centre, a man keen to redeem the "villain" crow.

When they attack, they're only protecting their young, he said with compassion.

But we, in our cities, see another threat. Here, more than anywhere, we want to control nature.

Crows, swooping, calling, smart and unpredictable, remind us that we cannot.

Our cement fortresses are not impenetrable. Even here, we can be hunted.

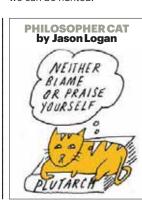


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School's out and so's your wallet

FAMILY BUDGET

How to rein in the high cost of keeping children busy

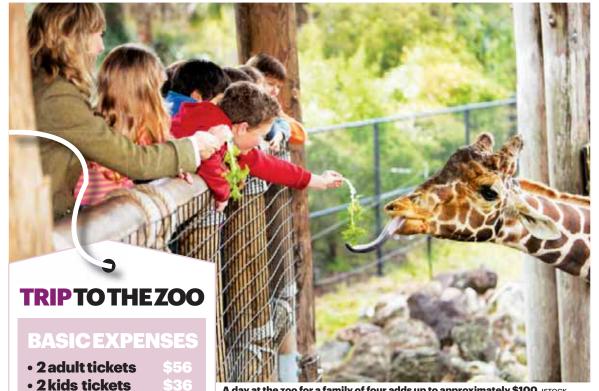
Megan Haynes For Metro | Life

As parents brace for the end of school, many are feeling the pressure of the high cost of keeping kids entertained over the summer, a new report from TD Canada finds. Indeed, 56 per cent said they consider the additional cost of summer activities like camps, classes, sports programs, day trips and family vacations stressful.

The study, which surveyed 6,100 Canadians, found 71 per cent of parents expect to pay up to \$999 per child for these extra costs, while 10 per cent plan to spend more than \$1,500 per child, says Linda Mackay, senior vice-president, retail savings and investing at TD.

Many will dip into their savings (11 per cent), charge to their credit cards (13 per cent) or try to cut back on other expenses (26 per cent) in order to cover the additional cost, the report found.

This year, parents who didn't plan ahead will get a bit of a reprieve, Mackay says, as the universal child care benefit was expanded in the federal budget. The new program dishes out \$160 a month per child for kids under six, and \$60 per month



A day at the zoo for a family of four adds up to approximately \$100. ISTOCK

per child for those between six and 17 (as opposed to the previous program that handed out \$100 only to kids under six). And it's retroactive to January,

(ages 3-12)

(or transit day pass)

Using current rates at the Toronto Zoo

Parking

she says, which means parents who have signed up for the universal child care benefit can expect a bigger

cheque in the mail in July. Carol Wong-Li, a senior lifestyle analyst at research company Mintel, recently studied says Canadians generally, and parents in particular, want to reduce their spending in 2015 opting to focus on costs that will reduce their stress, such as mortgage or credit card debt.

As a result, parents want to cut back on their leisure and entertainment spending.

"When you're a family of four, and you're buying four tickets for something, it's automatically the ticket price times four," she says. For example, tickets to the Toronto Zoo will cost two parents and two kids nearly \$100, before food and

Wong-Li says parents should hunt for free outdoor festivals as alternatives to paid attractions or programs. She suggested talking to both online and offline social networks to ask other

parents for advice on free activities (and she reminds people it's give-and-take: share your own free alternatives).

"Parents spend more on home care items, like cooking products and tissue paper, than the average Canadian," she says.

Looking for sales and deals on household products might be one way to free up some cash to pay for children's activities.

For forward-looking people, Mackay says the simplest solution to help ease the stress is to put aside a little bit of money each month — even \$20 per paycheque — to help alleviate the financial burdens of the summer months. She says automated savings programs are a simple way to do this.

She also suggests taking advantage of early registration for activities, saying many programs offer discounted rates. "It's a bit late now, but (parents) can make a calendar reminder for January or February (2016) to check for early bird pricing for next year's summer activities," she says.

SAVE ON FUN

Other ways to save on fun for your kids this summer

- Dip into those reward points to pay for your hotel, plane ticket or even ticket attractions.
- 2 Check out cheap/free activities offered by your local municipality.
- File your receipts: a lot of your kids' summer activities might be tax

consumer-spending habits. She



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It always pays to do your math

DEB.

Take control of your money by taking stock of what you owe



I'm making quite the reputation drumming home some very common-sense ideas about money. Unfortunately as common sense as these rules may be, there are a lot of people for whom these rules are not obvious. I meet people who are spending money on credit and not paying it off in full every month and I scratch my head. Part of the problem comes from how we think about debt. We tend to keep it in little piles that make us feel we can manage it, no problem. When we're forced to add it all together, we freak out and then we're paralyzed by dread.

How much debt do you think Canadians are carrying in total?

- \$5.5 billion
- \$10.9 billion

• \$76.9 billion

- \$1.2 trillion
- \$1.8 trillion

Canadian household debt hit \$1.8 trillion — yes that's "trillion" with a T. To put it in perspective, we Canadians are carrying more debt than Europeans or Americans at the peak of their credit bubble.

When we hear how dire things are going to be, often we think to ourselves, "Well, I can't do anything about that." Or we think, "I'm screwed." Or we think, "I don't know what to do." And what we often feel is a rising sense of panic. We don't know what to do. We don't know if we will be OK or not. And our not knowing makes us feel out of control. So we feel scared. And we feel sad. And we feel powerless to do anything to change our picture.

Staying with a pessimistic I'mnot-in-charge approach means you will never take control of your money. If this is the way you've been thinking, it's time to change how you think.

The first thing to wrap your head around is how big your debt really is.

Grab a pen right now and scribble down a list of who you

owe and how much. You've seen me work with people on TV. As part of the stuff they have to send me, they must make a list of their debt, what they used it for, and the interest rate they're paying. Then I can analyze their finances

I bet if you lent someone at work \$60 and it was due back Tuesday, you'd be banking on getting that money back. Yet when it is we who owe the money, we seem all too willing to play loosey-goosey with the info. So people routinely fill out those forms with numbers they just pluck from the air. How's your list coming? Almost done?

People usually have no trouble coming up with the usual suspects for their list of debts: mortgage, credit cards, line of credit, department store cards, student loans. Did you include your car loan or car lease? If you write that car off tomorrow, you're still on the hook for the money you owe. Yeah, insurance will cover some of it, but maybe not all. It's a debt.

How about that buy-now-paylater financing for that snappy new furniture? It may not be due yet, but it's still debt. And if you don't have it paid off in



Canadians are carrying \$1.8 trillion in debt. How much of that is yours? ISTOCK; PHOTO ILLUSTRATION BY METRO

full by the due date, the interest rate — usually somewhere way up high — clicks in retroactively to the day you took home that comfy new couch. That can raise your true cost up by as much as 50 per cent.

Did you use the RRSP Home Buyers' Plan for the down payment on your home? That has to be repaid. It's debt. Have you tapped your family or your friends for money? Don't forget them. And here's my favourite. The debt most people leave off their list: overdraft. I'm not talking about the overdraft you have access to, I'm talking about the overdraft you're using. If your bank account is in negative territory, that is DEBT, so add it to your list.

Listen, I know it's easier to think of what you owe in smaller pieces. You owe \$800 on a credit card and \$1,600 on a line of credit, and you still owe \$12,000 on a student loan. Oh, and there's the \$700 on that department store card. Plus the \$650 on overdraft. But keeping it in your little piles is helping you avoid your reality. And it's easy to think that your home's increased value more than offsets your debt. But if house prices fall (which all assets can), the debt doesn't go away, so you'll be left wearing concrete-debt boots.

As long as you haven't yet faced how big your debt is, you'll continue to delude yourself into thinking you don't have to do anything about it. The only way to get to a better place financially is to tell the truth. Add it up. Face your reality. Know your truth. Then you can get busy taking steps to fix being broke!

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BIKE WEEK

Choose a healthy alternative

Riding bicycles provides many benefits for society and individuals

Bike Week rolls into Halifax once again, an annual celebration of the beloved bicycle. Bike Week runs through to Sunday, and is filled with many free events where people can learn how to safely ride bicycles, how to maintain them, as well as take in some fun entertainment.

The goal of Bike Week is to help build a culture that supports riding a bicycle in Halifax, says Hanita Koblents, the city's active transportation co-ordinator.

"We live in a car culture, so to encourage people of all ages and abilities to ride more for transportation and utilitarian purposes, efforts need to be aimed at shifting the culture and mindset that you absolutely need a car to get around," Koblents says.

That's one of the best things about riding a bicycle — it isn't an age-restrictive activity. Children to seniors can all do it with ease.

Bike Week features about 40 events this year, including an opportunity for people to try riding a bicycle. The full list of events can be found at halifax.ca/bikeweek.

"We hope the events will inspire people to lead more active and healthy lifestyles, and just get them thinking a little about how they can get around more sustainably," Koblents says.

Not only are bicycles inexpensive and cost little to operate, they can be used for



exercise, recreation or as a mode of transportation.

With growing obesity problems in our society, clogged roads and the need to reduce greenhouse gas emissions, riding a bicycle addresses all of these issues.

Bicycle riding can also reduce individual financial burdens if it allows a household to operate one less car. According to the Canadian Automobile Association, it costs about \$10,000 per year to own and operate a car.

On a simple level, riding a bicycle is just plain old fun, gives us a rush and perhaps reminds us of our youth.

During Bike Week, all ferry rides for people travelling with a bicycle are free.

HOP ON A

Bob White has an interesting description for what he calls bicycles — freedom

White says they are versatile and economical, can be used for pleasure, to get to work, or for exercise.

"It might be considered one of the greatest inventions of all time," White says.

There are many benefits for both people riding bicycles and society at large.

According to the cycling website bikeradar.com, some of the health benefits include deeper sleep, reduced signs of aging, improved brain power, longer lives, reduced risk of heart disease, and an improved sex

Society benefits from people riding bicycles in a number of ways. One is better air quality because riding bicycles does not generate greenhouse gas emissions. Fewer vehicles on the roads means there could be less of a need to build new roads, so it can help reduce the costs governments spend on our roads.

Part of what makes riding a bicycle so attractive is they are inexpensive to purchase and cheap to operate. Plus, they are simple.

"The basic bicycle, anybody can ride it and do the basic repair and maintenance of it," White says.

Riding a bicycle is something that isn't age exclusive either. White is 67, although he doesn't feel that way while on his bike.

"I'm 12 years old when I'm on that bike,"

Terry Walker, 63, says she has the same experience.

I feel like a kid," she says.





Over 40 events throughout Halifax! halifax.ca/bikeweek

Riding For a Healthier Halifax





















Stay connected during Bike Week! #HfxBikeWeek



halifax.ca/bikeweek





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CONTRIBUTED

HRM PEDALLING EVENTS

There are about 40 events this year as part of Bike Week, which runs through to Sunday.

Regardless of where people are in Halifax, there will be something for them to enjoy.

"The events are so geographically distributed," says Hanita Koblents, Halifax's active transportation co-ordinator.

Event locations include Halifax, Dartmouth, Lower Sackville, Spryfield, Seaforth, West Chezzetcook, Ship Harbour, Porter's Lake, Cole Harbour, Fairview, Tantallon, and Middle Musquodoboit.

Koblents says the most popular event is

with our dedicated bike room facilities,

all provided at no cost exclusively to the

clients in our Downtown Halifax complex.

Switch: Open Street Sundays, which took place Sunday in Dartmouth.

On Saturday, the Mulgrave Park Learning Centre will host a summer tune-up from noon to 2 p.m. This workshop will show you how to get your bicycle ready for the summer, offer tips on how to have a safe and fun summer of riding, and include a community barbecue.

On Sunday, from 10 a.m. to 4 p.m., the Emera Oval will be hosting the HCC Bicycle Expo. Koblents describes it as a bicycle-themed outdoor marketplace with workshops, food,

Lockers

Showers

entertainment, kids' activities, music, bike rides and prizes.

The popular Southwest Sunday Cycle, a leisurely-paced 15-kilometre police escorted ride (perfect for people who haven't ridden in a while) will end at the Expo and there will be a three-kilometre family ride leaving from the Oval at 11 a.m.

While June 14 technically marks the end to Bike Week, there are more events scheduled beyond Sunday. Check out halifax.ca/bikeweek to learn more about these events, as well as the ones during Bike Week.

buildings in our complex

via the Barrington Tower

elevators

Connecting people to resources

While Bike Week raises bicycle riding awareness, the reality is there are many programs all year long that encourage more people to ride a bicycle.

This summer, the city's parks and recreation department is offering Try A Ride, a mobile recreation program that will be visiting communities throughout Halifax. It's a free program that brings bikes, skateboards and scooters to communities and teaches people how to safely ride and maintain the equipment. Try A Ride also provides the necessary safety equipment.

Try A Ride incorporates a program from the Ecology Action Centre called Making Tracks. According to an Ecology Action Centre brochure, since 2008, Making Tracks has trained more than 5,000 children and youth in Nova Scotia about lifelong active transportation safety and skills.

Both the city and the Ecology Action Centre are looking to take these programs on the road to schools, recreation centres, summer camps and clubs, community organizations, and events. Groups interested in learning more about Try a Ride should contact Damion Stapledon at tar@halifax.ca.

There are also local organizations trying to make a difference.

The Clean Foundation offers a bicycle valet at special events that allows people who bring their bicycles to park their rides.

The Shore Active Transportation Association (SATA) is a volunteer non-profit association in the Porters Lake area whose "primary purpose is to promote safe, non-motorized travel throughout our communities, both off road and on road," according to its website.

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Follow these rules and enjoy happy trails

With more than 150 kilometres of greenway trails in Halifax get a lot of use from pedestrians and people riding bicycles. With this shared use, it's important for users to understand how to ensure the trails are used safely and without conflict.

As Halifax continues to build more greenway trails (the wide paved or crushed dust paths intended for active transportation) and connect them to each other, there will be more people using them.

"Talking about how to share the trails is important," says Hanita Koblents, Halifax's active transportation co-ordinator.

She says different users have different responsibilities when using the trails. For people riding bicycles, it's a wise idea to use a bell or call out a friendly greeting to let people know they are passing them.

Cyclists and in-line skaters should yield to pedestrians and only pass when it is safe to do so.

There are speed limits of 20 km/h posted on many of the greenway trails, of which wheeled users need to abide.

For pedestrians, it might be tempting to go for a walk while listening to loud music via earphones or headphones, but by doing that, they are limiting their ability to hear what is going on around them, which can lead to



CONTRIBUTED

conflicts with other trail users.

On active transportation greenway trails, dogs should be leashed.

A good rule of thumb for trail users is to stay on the right side, much like a car does

on the road. If you need to pass someone, overtake on the left. Koblents says many of the paved greenway trails in Halifax have a yellow stripe painted down the middle to remind folks to stay right and pass on the left.

The municipality has posted some etiquette signs on trails, such as the ones on Joseph Howe Drive at the Chain of Lakes Trail.

Practising these behaviours will ensure a pleasant experience for all trail users.





Wawrinka captures French Open title

Stan Wawrinka won the French Open by beating No. 1-seeded Novak Djokovic 4-6, 6-4, 6-3, 6-4 in the final Sunday, thwarting Djokovic's bid to complete a career Grand Slam.

The eighth-seeded Wawrinka, so long in the shadow of his Swiss Davis Cup teammate and pal, Roger Federer, collected his second major title after last year's Australian Open.

In doing so, Wawrinka put a stop to Djokovic's 28-match winning streak and left the 28-year-old Serb ruing another close call at Roland Garros. This was the third time in the past four years that Djokovic lost in the final at the clay-court tournament, the only major title he has never won.

THE ASSOCIATED PRESS

Jays stage ninth-inning rally for fifth straight win

Chris Colabello's two-run single in the ninth inning gave the Toronto Blue Jays a dramatic 7-6 victory over the Houston Astros on Sunday afternoon at Rogers Centre.

He drove a pitch from Luke Gregerson back up the middle that scored Jose Reyes and Jose Bautista to the delight of the 35,571 fans in attendance.

Colabello extended his hitting streak to a career high 17 games on the play and gave Toronto its season-high fifth straight victory. THE CANADIAN PRESS

Lightning have yet to name goalie for Game 3

Jon Cooper said he doesn't know who will start in goal for the Tampa Bay Lightning in Game 3 of the Stanley Cup final Monday night.

Ben Bishop left Game 2 with an undisclosed ailment and was replaced by rookie Andrei Vasilevskiy.

Bishop traveled with the Lightning to Chicago on Sunday.

Cooper said there may be a better indication at Monday's morning skate at United Center, though each one being optional could extend the mystery to pre-game warm-ups.

THE CANADIAN PRESS

Herd roster refresher

ОМЈНІ

Durandeau lucky No. 7 for Halifax at entry draft



Kristen Lipscombe Metro|Halifax

Halifax Mooseheads head coach Dominique Ducharme is already itching to get out on the ice for summer training camp with his new prospects.

The Herd selected two goalies, five defencemen and nine forwards Saturday at the 2015 QMJHL Entry Draft, held in Sherbrooke, Que.

"We had a lot of picks early, so it's nice to see that ... we had the opportunity to bring in some good young players," Ducharme said shortly after this year's draft had wrapped up. "I'm excited to come back in August and see them on the ice."

Halifax's top pick of the day was forward Arnaud Durandeau, 16, of Beaconsfield, Que., who comes from the Lac St-Louis Lions of the Ligue de Hockey Midget AAA du Quebec. The Mooseheads selected him seventh overall.

"From what I hear, he's a skilled guy who can put points, on the board," Ducharme said of the five-foot-10, 168-pound player who was ranked eighth by QMJHL Central Scouting after he scored 25 goals and added 25 assists to help lead the Lions



Arnaud Durandeau puts on a Mooseheads jersey after being selected seventh overall by the Halifax team at the QMJHL draft in Sherbrooke, Que., on Saturday. PERRY BEATON/THE CANADIAN PRESS

to the league final.

The Mooseheads then selected blue liner Walter Flower 16, of Lunenburg, a six-foot, 154-pound product of the Nova Scotia Major Midget Hockey League's South Shore Mustangs and a Team Nova Scotia alumnus, 26th overall.

"He's a good character kid and a solid player," Ducharme

His Canada Winter Games teammate, 16-year-old forward Ben Higgins of Truro and Weeks Major Midgets, was added to the list of Halifax prospects 121st overall in the seventh There will be a lot of competition.

Dominique Ducharme on training camp

round. And from the Halifax area, the Mooseheads selected forward Ryan MacDonald 170th overall in the 10th round and goaltender Kirklin Allen 206th overall in the 12th round.

Halifax highlights also included a trade with the Baie Comeau Drakkar, giving them the 31st and 62nd overall selections for their 28th pick, which the Mooseheads used to select Russian forward Ilya Putintsev, 17, who previously played for the under-16 Boston Junior Bruins.

Ducharme is also excited about the addition of 19-year-old defenceman Cody Donaghey of St. John's, N.L., who was acquired as part of a trade with the Quebec Remparts announced last December and confirmed Friday prior to the draft

Along with a 2018 secondround selection, Donaghey was

MOOSE PICKS

- Forward Arnold Durandeau, 7th overall (1st round)
- Defenceman Flower Walter, 26th (2)
- Forward Ilya Putintsev, 28th (2)
- Defenceman Jordan Legape, 44 (3)
- Defenceman Mathiew Charlebois, 48th (3)
- Forward Joel Bishop, 95th (6)Goalie Raphael Blais,
- 98th (6)
 Forward Shawn Ken-
- nedy, 116th (7)
 Forward Ben Higgins,
- 121st (7)
 Defenceman Denis
- Toner, 134th (8)

 Defenceman Cooper
- Jones, 152nd (9)
- Forward Ryan MacDonald, 170th (10)
- Forward Dallas Farrell, 188th (11)
- Goalie Kirklin Allen, 206th (12)
- Forward Marc-Olivier Gilbert, 224th (13)
- Forward Matthew Fawcett, 242nd (14)

dealt in exchange for former Mooseheads goaltender Zach Fucale and blueliner Matt Murphy.

"He's got experience in the league," Ducharme said of the six-foot-one, 192-pound Q-league player who's heading into his fourth year, and "he's a good offensive defenceman."

Halifax hockey standout taken 4th by Cape Breton



Shane Bowers

PERRY BEATON/THE CANADIAN PRESS

Halifax hockey standout Shane Bowers is heading to Sydney.

The 15-year-old forward was selected fourth overall by the Cape Breton Screaming Eagles in the 2015 QMJHL Entry Draft, held Saturday in Sherbrooke, Que.

Bowers scored 38 goals and notched 47 assists for a league-leading 85 points during his rookie 2013-14 season with Halifax McDonald's of the Nova Scotia Major Midget Hockey League.

The impressive scoresheet earned the six-foot, 161-pound player league most valuable player honours.

"It's awesome," Bowers told

COLORAL PRODUCTS

Bowers wasn't the only Halifax McDonald's player heading to the QMJHL. Others included:

- Goaltender Matt Welsh, Charlottetown, 37th overall (2nd round)
- Defenceman Jack Cameron, Victoriaville, 84th
 (5)

The Cape Breton Post shortly

after stepping up on the stage

in Sherbrooke and accepting his

Screaming Eagles jersey.

- Forward Keegan Gauthier, Acadie-Bathurst, 89th (5)
- Defenceman Christian Huntley, Quebec, 120th (7)
- Defenceman Nick Ormon, Baie-Comeau, 175th (10)
- Forward Doug D'Arnall, Moncton, 252nd (14)

"I'm really excited. I'm going to work hard, play my game and bring what I can to the team." Cape Breton head coach MarcAndré Dumont describes his new prospect as a player who "can do it all on the ice."

"He's unselfish and he's a powerful forward with high school, who can skate like the wind, so we're very excited to have him," he told the Cape Breton Post.

Some league insiders speculated that Bowers may have gone No. 1 at this years Q-league's draft, but Joseph Veleno being granted exceptional status by Hockey Canada resulted in the 15-year-old Quebec forward being picked first overall by the Saint John Sea Dogs.

18 Monday, June 8, 2015



Christine Sinclair steps to dispatch a late contentious penalty awarded to the hosts against China. KEVIN C. COX/GETTY IMAGES

Penalty a 'brave decision

Canada coach lauds reffor late call, which lost China the game

Ukraine referee Kateryna Monzul's decision to award a stoppage-time penalty Saturday proved to be the turning point in Canada's 1-0 win over China in the opening match of the Women's World Cup.

Captain Christine Sinclair scored on the 92nd-minute penalty kick for the Canada victory and her 154th international goal.

Canadian coach John Herdman applauded the call, given its timing, importance and the nature of the offence. "All credit to the referee," he said after the match. "I mean that was a brave decision. If that's the standard of the referees in this tournament, this is going to be a solid tournament.

China coach Hao Wei said he did not have a clear view of the play. "We are here to play the game. We respect all the rules

and we respect all the referee's judgment," he said diplomatically through an interpreter. "But whether it is fair or not, I have to watch the video afterwards.'

Canada's Sophie Schmidt sent a looping ball into the box to Jessie Fleming, who toppled backwards as she headed the ball back toward Adriana Leon. The Canadian forward and China's Zhao Rong both went after the ball, with Leon going down after she was partially clotheslined by Zhao.

The Chinese player appeared to be trying to hold her pos-

ition as she headed toward the ball, but her outstretched arm caught Leon, whose burst of speed seemed to take Zhao by surprise.

Joe Machnik, a former FIFA match commissioner and MLS vice-president, agreed with the call on the Fox Sports broadcast. "I don't think it's a controversial play at all. We wouldn't be talking about it if it happened in the 31st minute. For me, it's a penalty whether it's the 31st minute or the 90th minute. The referee makes a great call."

THE CANADIAN PRESS

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HOME HEATING



22. CTV's "W5" host

RECIPE Mango Strawberry Smoothie



Rose Reisman

This is a great snack or dessert beverage. You can always up the protein and have this as a breakfast smoothie by using plain or vanilla Greek yogurt rather than the frozen yogurt. Tastes as good as it looks!

Ready in

Prep time: 10 minutes

Ingredients

- · 4 cups sliced strawberries or raspberries
- 1 ½ cups low-fat vanilla frozen yogurt • 2/3 cup low-fat milk
- or almond milk · 2 cups diced mango

Directions

1. In a blender or food processor, purée strawberries, half the frozen yogurt and half the milk until smooth. Divide into 4 glasses. Rinse out blender.

2. Add remaining frozen yogurt, milk and mango and purée until smooth. Pour over top berry mixture. Serve immediately.

Nutrition per serving

- Calories 118
- · Carbohydrates 22 g
- Protein 3 g
- Fibre 1 g
- Fat 2 g
- · Saturated Fat 1 g
- · Cholesterol 9 mg
- · Sodium 70 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN 2 3 4 5 6 7 8

1. Piercing

6. BCs opposites 9. Spear 14. Afterwards 15. Trv 16. Had _(Really had fun) 17. Separate 18 Two's half 19. "Diff'rent Strokes" actress Ms. Plato's 20. FIFA ada 2015 (Month-long international soccer tournament currently underway) 23. Suppose 24. Bucharest money 25. Bits 28. Beet soup 32. The _ (Lumberjack's working locale) 33. Celebrity chef Bobby's 35. "And I Love " (Lennon-Mc-Cartney) 36. Wave: French 37. Plank 38. Sprint 39. Seeing if the door is locked over and over, e.g. 40. Grain fungus 41. Lovely item on which to place a tea saucer 42. "The Mary Tyler Moore Show 44. Gaii _ (Area off mainland BC which in the Haida language means 'Islands

of Beauty')

45. Barely get by

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46. Clayoquot _ (Body of water on Vancouver Island's western coast) 48. Listing of a company's workers: 2 wds. 54. "___ you think you are?" (How dare you!) 55. Boucher ville buddy

56. Singer, Tennessee _ Ford 57. Giver's recipient 58. Excessively 59. Surnamesakes of lyricist Tim 60. Swashbuckler's weapon 61. Ms. Jillian 62. Wheat type

DOWN

1. Cabbage creation 2. Gloriole 3. Bit of matter

4. Styx song that goes "...I'm in fear for my life from the long arm of the law." 5. Divorce attorneys

analyze them 6. Pledges 7. Jurassic creatures, 8. Prophet 9 Roofer's needs 10. Old time calculator 11. Mork's greeting, partially

12. Thundering sound 13. Chicago trains 21. The Outsiders author Ms. Hinton's

Mr. Robertson 25. Eagle's dive 26. Seashell used as a horn 27. Mr. McDowall of movies 28. Homer's cartoon son 29 Necklace 30. Manitoba: Grindstone Provincial Park 31. Deuce-aces 33. _ up (What the bathroom mirror does) 34. Philosopher, _-tzu 37. Abbreviated 38. Tom Green comedy of 2000: 2 wds. 40. Kootenay Rockies town in BC 41. La La La Human Steps performers 43. Saskatchewan town 44 Tint 46. Mr. Cowell 47. The Hunter constellation 48. Canadian telecommunications company 49. "The Bridges at _-Ri" (1954) 50. Researcher's compilation 51. Erstwhile 52. Louis , Father of Manitoba 53. Mon., on Tue. 54. Kilograms, e.g. 52. Since, to Robert Burns 54. Sibling to sis' 55. Stitch

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 If your instincts tell you to be careful you must not ignore them. Today's Sun-Jupiter link may make you think you can do as you please but other aspects warn this may be the one time in ten that it goes wrong.

Taurus April 21 - May 21 You can see which way the wind is blowing but will you be flexible enough to bend with the breeze? If you refuse to budge even an inch you may find that breeze turns into a hurricane.

I Gemini May 22 - June 21 Be careful what you say because with Jupiter, planet of excess, moving through the communications area of your chart you could easily go too far. Never forget that Cancer June 22 - July 23 If you keep your feelings bottled up inside you now they are likely to explode, so maybe it is better to let it all out. That cool, tough guy act is not fooling anyone.

Leo July 24 - Aug. 23 Jupiter in your sign means you won't let anyone limit you in any way. You demand freedom of thought, expression and movement and if you are denied any those things you will kick up a huge fuss this week.

Virgo Aug. 24 - Sept. 23 Stop tormenting yourself with fantasies of what might have been and get on with making a better life for yourself and those you love. You have been far too passive of late — get out there into the world and make things happen.

Libra Sept. 24 - Oct. 23 You may think you are a law unto yourself and for the time being you can certainly get away with a lot; but if you cut too many corners or break too many rules you are sure to create enemies.

Scorpio Oct. 24 - Nov. 22 The next few days will bring no end of challenges and you will need to be at your best to deal with them effectively. With Jupiter strong in your chart you feel you can take on the world and win. Let's hope you are right.

Sagittarius Nov. 23 - Dec. 21 You have got to be positive and start thinking in terms of success rather than failure. Most importantly, you have got to believe in yourself. The universe has a way of rewarding those who do.

Capricorn Dec. 22 - Jan. 20 You need to remember that nothing stays the same forever. The next few days may be difficult but if you see the changes that are taking place as necessary, and potentially good, they will be easier to deal with.

Aquarius Jan. 21 - Feb. 19 What does not destroy you will surely make you stronger, so stop feeling sorry for yourself and start standing up for your principles and beliefs. Your rivals may be power ful but you have right on your side, and that matters more.

Pisces Feb. 20 - March 20 There may be times today when you wish you were some place else, but the fact is you are where you are and you have to complete what others expect of you.

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9



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